



Year 7 study skills

Information for students and parents



Study Skills at Hutton

In Year 7, you are expected to be more independent and take more responsibility for your own learning at school and at home.

It is a good idea to start practicing study skills as soon as possible, because they will help you to make a positive start and achieve your potential in Year 7.

In this booklet you will find information about:

- Organisational Skills
- Motivation
- Tackling Homework
- Places to Study at Home and at School

Organisational Skills

Why is it important to be organised?

The standard of your work will improve, you will save time in the long run and you will enjoy your studies

Top tips

- Set an Alarm each morning
- Know where all classrooms are located
- Carry a copy of your timetable at all times
- Use Synergy to check your homework
- Plan out your homework so all homework is completed on time- a “to-do” list will help you
- Be on time to all lessons
- Remember your PE kit
- Hand in Homework on time
- Pack your bag the night before!

Positive Outcome: You worry less! You have more time to relax and enjoy hobbies. You collect positive points on Synergy. You meet or exceed your targets.



What motivates you to work hard at school?

Finding out what motivates you is important for learning and reaching your full potential. For each subject try asking yourself, "Why am I learning this subject?"

Some answers could be:

- I enjoy studying this subject
- I feel I am improving
- In Year 11, I want to get a good grade
- When I am 16, I would like to continue studying this subject
- In the future, I would like to get a job that uses these skills
- I want to be proud of myself and what I achieve
- I want to get 100 positive points on Synergy by the end of the Year

How can you improve your motivational skills?

Setting GOALS

If you have an end of term maths test, you could set a goal to revise for 20 minutes per night in the 2 weeks before the test. This will mean you avoid cramming and you are better prepared.

Break down school work into manageable Chunks

When studying try breaking your work down into manageable chunks. If you have a longer piece of work to complete, don't try to do it in one go as you will not produce your best work.

Rewards

Giving yourself rewards for completing school tasks is great for motivation- it could just be extra time doing something you enjoy (gaming?) This is really helpful if you find something difficult or it is something you don't enjoy as much. You could even agree rewards with parents, carers or teachers!

Homework

Doing homework is an important part of studying and it will help you and your teacher to check your understanding throughout the year. As you move through school, the amount of homework will increase, particularly in the lead up to assessments and exams. When you have a lot of homework deadlines to meet, it is important to be organised and motivated.

Top tips

- Check Synergy Every Day
- Make sure you know when each piece of homework is due in
- Plan out when you are going to complete tasks so that you have time for other commitments.
- Don't leave tasks until the last minute. You might find that you haven't picked up a worksheet or you don't understand the task and you will not have any time to ask for help.
- Don't rush through your homework, make sure it is completed to a high standard and is something to be proud of.



Study space

Do you have a place to study at home?

Checklist

- Quiet Space or room
- Desk or table and chair
- Good lighting
- No distractions like a TV or mobile phone
- Pens, pencils, ruler available

Where can I study at School?

Check which days your year group can go to the Library at lunch or after school.
Make a note of any homework clubs for your year group

